

THE RITUAL OF WINE, REIMAGINED.

Non-alcoholic functional wines. Wellness, elegance, and pleasure in every glass.



A NEW WAY TO TOAST TO YOUR WELL-BEING

Our collection of non-alcoholic wines blends sensory pleasure of wine with the benefits of functional ingredients. Without alcohol, without compromise.

CORE

Crafted to maximize phenolic content.

Using polyphenol-rich grape varieties, grown under controlled water stress to boost concentration and support cardiovascular health.

SOMA

Extra rich in melatonin, naturally present in Cabernet Sauvignon and Syrah grapes. It supports a faster and deeper sleep, as well as a healthy aging in a smooth, non-alcoholic wine.

OSSA

Made from grapes grown in granite-rich soils, naturally **high in silicates and polyphenols**, two key compounds shown to support bone health and combat osteoporosis.

VITA

Combines higher concentrations of resveratrol and melatonin, two natural wine compounds, that help neutralize free radicals activating key regulators in our cells.



ABOUT WINE HEALTH AND ALCOHOL

From a scientific perspective, the relationship between alcohol and health is been shifting. Some studies have suggested that a low to moderate intake of traditional red wine, may offer cardiovascular benefits due to its polyphenol content. However, more recent and comprehensive research shows that **any potential benefit is outweighed by the risks associated with alcohol consumption**, including increased blood pressure, arrhythmia, risk of stroke, as well as reduced mineral bone density and poor quality sleep.

This lead health organizations to now emphasize that **the safest level of alcohol for heart health, longevity or sleep is NONE**, and that **any protective effects likely come from the non-alcoholic components of wine rather than alcohol itself.**

*With our line of wines, we turned the French paradox, into a Spanish reality. Grapes that have been specifically **selected, grown and treated to increase the the good things in the wine,** without any of the bad things.*

STRENGTH FROM THE HEART OF THE GRAPE

C O R E

Designed with heart health in mind, this full-bodied wine includes functional ingredients that support circulation and cardiovascular well-being. Bold yet balanced

According to several studies such as those published in the American Journal of Clinical Nutrition (Corder et al., 2005), Nutrition Reviews (Manach et al., 2008), and Molecular Aspects of Medicine (Smoliga et al., 2010), polyphenols, particularly those found in grapes and red wine, have been shown to **improve vascular function, reduce oxidative stress, and lower inflammation**. These mechanisms play a key role in **preventing atherosclerosis and supporting overall cardiovascular health**. As a result, polyphenols are widely recognized as beneficial compounds for promoting heart health. The total phenolic content in traditional red wines typically ranges from 1,800 to 2,300 mg/L in the best of cases. **These polyphenols**, including compounds like **resveratrol and flavonoids, contribute to red wine's antioxidant properties**.

CORE is crafted with a focus on maximizing that phenolic content. We begin by selecting grape varieties naturally rich in polyphenols. These grapes are cultivated under controlled water stress to further increase the concentration. Then, through a carefully designed maceration process using specific enzymes, we enhance the extraction of phenolics from the grape skins into the must, resulting in a wine with exceptional antioxidant potential.

Normal red wine (with alcohol)

CORE (with 0% alcohol)

1,800 to 2,300 mg/L

6,500 mg/L

That is about 3 times the amount of polyphenols, naturally extracted from our grapes.

Crafted for body and taste, exclusively for

 **EPICUREA.eu**



THE WINE THAT WELCOMES SLEEP

S O M A

A calming blend with natural extracts to support restful sleep. Soft notes and a soothing character make it your perfect nightcap—no alcohol, no grogginess.

Melatonin is a hormone naturally produced by the pineal gland, primarily in response to darkness. It plays a crucial role in **regulating the body's circadian rhythm**, the internal clock that signals when it's time to sleep and wake. Melatonin levels gradually rise in the evening, helping to induce drowsiness and **promote deep, restorative sleep.** Adequate melatonin production is essential for maintaining healthy sleep cycles and overall well-being.

While alcohol might initially make you feel sleepy, numerous scientific studies have shown that it actually disrupts sleep quality. **Alcohol interferes with the natural sleep architecture,** particularly **by reducing REM sleep**, the stage important for **memory consolidation and emotional health**, and causes frequent awakenings during the night. **Over time, alcohol consumption can lead to poor sleep patterns, leaving you feeling tired and unrested.**

SOMA is crafted to harness the natural benefits of melatonin without the drawbacks of alcohol. By carefully selecting grape varieties like Cabernet Sauvignon and Syrah, which naturally contain higher levels of melatonin, **SOMA** achieves an elevated melatonin content through an innovative production process. **This makes SOMA a unique, non-alcoholic functional wine designed to support your sleep and promote restful nights when you need them,** all while keeping a daily wine glass ceremony.

2 glasses of SOMA contain 1 mg of melatonin, similar to what you find over the counter in the pharmacy.

The ceremony of ending the day with a glass, now making full sense.

Crafted for body and taste, exclusively for



THE WINE THAT STRENGTHENS YOUR FOUNDATIONS

O S S A

Infused with bioavailable silica and calcium, Osteo promotes strong bones and graceful aging. Subtle and mineral, with a clean, refined finish.

Silica (silicon dioxide) plays a vital role in supporting bone mineral density by stimulating collagen synthesis and promoting the formation of bone matrix. Scientific studies have shown that **adequate silica intake is associated with increased bone strength and improved mineralization**, making it an important nutrient for **preventing osteoporosis**. **Magnesium** is also **essential for muscle health and bone strength**, as it contributes to bone formation and helps regulate muscle function and relaxation.

The mineral content of **OSSA is naturally enhanced** by selecting grapes grown in granite-rich soils with high silica availability. This unique terroir, combined with careful cultivation, results in **a wine with elevated levels of bioavailable silica and magnesium**. **OSSA** contains approximately **75 mg of magnesium per liter**, supporting not only bone health but also muscle function, to strengthen your body from within.



Crafted for body and taste, exclusively for



LONGEVITY IN EVERY SIP

V I T A

With **resveratrol** and **antioxidants**, this wine supports your cellular renewal and vitality. A bold, rich experience designed to nourish you from within.

Scientific research highlights the powerful roles of **melatonin** and **resveratrol** in supporting **cellular function** and **promoting longevity**. Melatonin, beyond regulating sleep, acts as a **potent antioxidant** that protects cells from oxidative damage and supports DNA repair mechanisms. **Resveratrol, a polyphenol found in grapes**, has been shown to **activate sirtuins**, proteins linked to **cellular health and lifespan extension**.

Additionally, **selenium** is an essential trace mineral that plays a critical role in **antioxidant defense and immune function**, helping to **reduce cellular damage and support healthy aging**.

VITA is carefully crafted to enhance these benefits by using **grape varieties naturally rich in melatonin and resveratrol**, combined with a unique production process that preserves their bioactivity. The wine also contains **12 micrograms of selenium** per liter, providing **17% of the recommended daily intake (RDI)**, making it a comprehensive, non-alcoholic functional wine designed to support your cells and promote longevity.



Crafted for body and taste, exclusively for

